



Student Health & Wellness Committee Third Meeting Agenda

May 18, 2021
Noon to 1:30 PM
AMAC (809)

Attendees: Fabian Armendariz, Michelle Cuda, Patty Stuever, Amanda Kingrey, David Paul, Kimber Kasitz, Andrea Graham, Ernestine Krehbiel, Chantel Gladney, Andi Giesen, Lisa Edgar-minutes

- I. Welcome & Ice Breaker
- II. Review of Member Expectations and Norms
 - a. We will listen and ask questions for understanding
 - b. We will respect the meeting by
 - i. Starting on time
 - ii. Coming prepared to make best use of the time
 - iii. Limiting sidebars and respecting the ideas of others
 - c. Follow an established recommendation making process
 - i. Open, honest dialog while maintaining confidentiality
 - ii. Majority rules
 - d. We leave all supporting any recommendations
 - e. Other suggested expectations and norms
- III. WPS Health Related Updates (5 minutes each)
 - a. Elementary Physical Education Instruction – Diane Smith
 - i. No report
 - b. Secondary Physical Education Instruction – Rebekah Winter
 - i. No report
 - c. Health Services – Kimber Kasitz
 - i. COVID testing- 5737; vaccinations- approx. 5000
 - ii. KDHE received grant allowing continued testing in school
 - iii. Sedgwick County Health Dept. will host mobile vaccine clinics for students 12yrs+ as well as being available to district families and staff+families, at 5 WPS locations: Curtis, Gordon Parks, Truesdell, Wilbur, Marshall
 - d. Nutrition Services – David Paul
 - i. Preparing for Summer Food Program at 65 sites serving students and the community
 - ii. At least 21 sites are interested in participating in the Fresh Fruit & Vegetable Pgm 21-22
 - iii. Government program will allow all students to be provided meals without charge next school year
- IV. Wellness Impact Tool Highlights Review (2021-22 School Year)
 - i. While some Impact Tools have progressed, COVID impacted the progress on others
 - ii. Data shows the district is aligning well with the rest of the state
 - iii. David Paul will provide the group additional information on the definition for the "Other Child Nutrition Programs" category.
- V. Goal Setting (2021-22 School Year)
 - a. Kansas food products that are served as part of the school meals program are identified at the beginning or on the serving line. Educate and engage families on the whole child nutrition and physical and mental wellness.

- i. *This goal offers a great opportunity to not only promote local food providers, but also educate students about what is grown in Kansas. It is also a one that can be applied for all three levels (elementary, middle, and high).*
- b. Offer information to families at least once per semester that encourages them to teach their children about health and nutrition, and assists them in planning nutritious meals for their families.
 - i. *Discussion around this goal centered on how we can embed this instruction into what we currently do.*
 - ii. *Under the definition of health, it was decided to incorporate mental and physical wellbeing as part of this goal. Fabián and David will work on incorporating this and send the group draft versions of the goals in the next couple weeks for review and approval by the committee.*
 - iii. *Discussed potentially leveraging our media productions department to assist with some of this and creating some sort of a semester or quarterly video. Maybe using Chef Andrew to teach families how to cook a nutritious meal. We also discussed potentially doing a parent Newsletter.*
- c. The school has developed a walk and/or bike to school plan and encourages students to walk and/or bike to school based on safety and feasibility assessment.
 - i. *It was decided we focus on the first two goals and leave this one for future. We can begin planning for this in future years.*

VI. Open Agenda

VII. Next Year Committee Planning

- a. Input requested for committee membership and initiatives

VIII. Closing

